WHAT TO DO FOR COVID-19 SCENARIOS

Ridgewater College requires daily screening. Go to ridgewater.edu/screen

To report a case, use the COVID Reporting Form at ridgewater.edu/report

1. Possible Exposure

If you have:
• Been less than 6 feet for 15 minutes or more from an individual who has COVID-19 symptoms
• Been less than 6 feet from an individual who has tested positive for COVID-19 (laboratory confirmed) but has not had any symptoms

You should:
• Immediately report a possible exposure via the COVID Reporting Form. Let your instructor(s)/supervisor know of the possible exposure.
• Isolate yourself from other people, including those in your household.
• Contact your healthcare provider or county health department for evaluation and testing.
• Stay away from campus for 14 days from the date of exposure.

You may return to campus after 14 days as long as you do not have any symptoms or a positive test result.

2. Positive Test but No Symptoms

If you have:
• Been tested for COVID-19 and received a positive diagnosis but are currently not experiencing symptoms

You should:
• Immediately report the positive test result via the COVID Reporting Form.
• Let your instructor(s)/supervisor know of the test results.
• Isolate yourself from other people, including those in household.
• Follow your healthcare provider’s directions for follow-up testing + CDC guidelines for monitoring your symptoms. Monitoring includes watching for symptoms and checking your temperature every 12 hours.
• Follow your healthcare provider’s directions for follow-up testing.
• Stay away from campus for 10 days following your diagnosis.

You may return to campus 10 days after your diagnosis as long as you have no symptoms.

3. Positive Test with Symptoms

If you have:
• Been tested for COVID-19 and received a positive diagnosis and are currently experiencing symptoms

You should:
• Immediately report the positive test result via the COVID Reporting Form.
• Let your instructor(s)/supervisor know of the test results.
• Isolate yourself from other people, including those in household.
• Follow your healthcare provider’s directions for treatment of your symptoms.
• Stay away from campus until:
  1. You have gone 3 days with no fever without using fever-reducing medication during that time,
  2. Your respiratory symptoms have improved,
 AND
  3. It has been at least 10 days since symptoms first appeared.

4. Negative Test With Symptoms

If you have:
• Been tested for COVID-19 and received a negative diagnosis and are currently experiencing symptoms

You should:
• Stay away from campus until your symptoms have improved.
• Notify your instructor/supervisor that you need to be away from campus.

You may return to campus 10 days after your first symptoms as long as you no longer have any symptoms.

5. Communication

• Upon receiving a COVID Reporting Form for a positive case, the college Safety/COVID contact will begin follow-up steps per CDC and MDH guidelines, to assist in investigation and contact tracing.
• The individual who submitted the report will be asked to assist with contact tracing. This information will be tracked separately from personnel and student records, and names will remain confidential.
• The confidentiality of the person submitting the report shall be maintained at all times and not shared.
• Individuals who may be impacted will be notified so that they can self-monitor.
• The college may elect to close an impacted classroom, office, lab, or building space for a period of 12-48 hours following a confirmed case to allow for disinfection of the impacted area.
• Individuals impacted by any such closure will receive communication from the College/Dean/instructor via email and/or text as to the status of the course/program.

For additional guidance from the Minnesota Department of Health regarding close contact during COVID, see an additional resource at health.state.mn.us/diseases/coronavirus/contact.pdf.

Ridgewater College is a member of Minnesota State and an equal opportunity employer/educator.

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